As Chief Nursing Officer for St. Vincent’s Health Services, I am very proud to present the 2015 Nursing Annual Report. This compilation of the remarkable achievements of our dedicated nursing staff is just a snapshot of the incredible work accomplished across our system over the past year. Magnet facilities consistently demonstrate excellence in nursing practice, and St. Vincent’s staff exemplifies that gold standard. Our nurses have continued to embrace their own professional growth and development this year while striving to raise the bar for exceptional patient outcomes.

It is a challenging time to be in healthcare and I applaud our nurses for leading the team to keep their eyes focused on our patients, ensuring they deliver an exceptional, safe patient experience. I am privileged to receive many letters, notes and messages of gratitude from patients and families who describe the compassionate care being given by our nursing team. As we navigate the changing landscape in healthcare, our community can be reassured that our committed nurses will be holding our patient’s hands and walking together to ensure the best possible journey.

Please join me in congratulating our nurses for their courage, commitment and caring in keeping the patient at the center of our work and continuing to touch lives in a meaningful way.

Dale Danowski, MBA, BSN, RN
Chief Nursing Officer,
Senior Vice President
St. Vincent’s Health Services
On October 17, 2015, more than 350 volunteers took part in St. Vincent’s Health Services’ inaugural “Medical Mission at Home.” The event was an impactful day of service to our community. With temperatures suddenly dropping from the 70s to the 40s, more than 330 of Bridgeport’s most vulnerable residents were able to come in from the cold for an experience they would not soon forget.

While the doors were not scheduled to open until 9:30 am, the community welcomed us at 8:00 am. As medical staff, nursing staff, associates, medical and nursing students, and other volunteers gathered to receive a Blessing of the Hands, the mood was expectant and the energy was high. Everyone was looking forward to a day that was sure to be filled with meaningful connection and humbling service.

Taking place at a neighborhood school, residents of all ages received medical care, foot washing and podiatry services, nutrition, physical therapy, smoking cessation, spiritual care, behavioral health, social services, child care services, reader eyeglasses distribution, vaccinations and flu shots. Thanks to community partnerships, each was invited to take home a warm coat, new shoes, and socks, as well.

“Our Medical Mission at Home was truly the demonstration of our St. Vincent’s mission and core values in action and serving “the least of our brothers,” explained Dianne Auger, Medical Mission at Home executive sponsor and senior vice president and chief strategy officer. “Each person we had an opportunity to serve had a story to share, reminding every one of us of our shared humanity. We are already looking ahead to next year to explore how we can expand our offerings to serve even more of our neighbors in need.”

Watch the inspiring 2015 Medical Mission at Home [here](#).
Formation

SERVING OUR MISSION

Formation serves the Mission of Ascension by nourishing the interior life of leaders and associates, enabling actions and behaviors that reflect our identity as a ministry of the Church.

Formation includes an evolving set of programs, services, and resources to equip leaders and associates with personal qualities and skills necessary to advance our healthcare ministry in an ever-changing healthcare landscape. It provides a variety of opportunities for all to live more fully into the three calls we believe come to each person by virtue of our creation in the image and likeness of God:

- The call to vocation, to become more fully human
- The call to community, to live, work, and share life together
- The call to ministry, to serve the needs of others

Formation at Ascension

Since 2010 St. Vincent's has sent 35 associates to Formation. In 2015, six associates participated in this enlightening and spiritual encounter. Of the associates that attended Formation in 2015, the following were registered nurses: Kim Knowles, MSN, MHA; Nicole Loiz, MSN, BSN, RN; Erin Fusco, DNP; and Melissa Melendez, BSN, RNC-MN.
In an effort to share the future of healthcare with all associates, Senior Leaders at St. Vincent’s were tasked with developing classes to shed insight on the vision and changing landscape of healthcare.

The map topics included:

1. The Changing Healthcare Landscape addressed the current state of the healthcare industry in the United States, and how the industry may change in the future. This discussion served as important context for a discussion about the strategic priorities of Ascension.

   Working Together to Transform Healthcare helped us explore the foundational elements of our ministry – our unique heritage, Mission, Vision and Values. This was followed by a detailed discussion of our national strategic priorities and the roles that Ascension subsidiaries play in helping realize our vision for the future.

   Person-Centered Care focused on those that we serve. Due to the trends discussed in the first map, it was clear that the way we serve those individuals must evolve. Person-centered Care is our promise to support individuals’ lifelong health and well-being through holistic, coordinated care models and resources. We will focus on the basic needs that they have voiced to us: Welcome Me, Respect Me, Include Me, Protect Me, Connect Me, Engage Me, and Comfort Me.

More than 2,000 St. Vincent’s associates took this opportunity to learn about the Changing Healthcare Landscape, Working Together, and Person Centered Care through this Engagement Map initiative.
“Creating the right culture is nothing more than knowing who you are and who you want to be and doing the things needed for that transformation to occur.” — Author Unknown
Nursing Core Values

TRUST
The environment at St. Vincent’s Medical Center promises that everyone will receive the highest level of safe, compassionate, physical, emotional and spiritual care. We trust that we work in a safe and healthy environment where we are supported and encouraged to care for ourselves and each other.

CARING
St. Vincent’s is committed to building a healthcare system where patients get the right care and the best care every time. We are inspired to see our roles beyond tasks and technology to the true heart of nursing…caring. Caring behaviors are evident in the way we care for our patients and families, ourselves, and our colleagues.

SPIRITUALITY
At St. Vincent’s Medical Center, spirituality is incorporated into everything we do. We recognize that a person’s spirituality and beliefs are very personal. Honoring that individuality allows us to maintain a culture of caring by always respecting the dignity and diversity of each person. We take pride in listening and responding to the needs of each individual.

SAFETY
Our commitment to a culture of safety stems from the teamwork and leadership of all disciplines. Practices are evidence-based and patient-centered. We are patient advocates in assuring patient safety. Continual emphasis on safety and high quality care is recognized and rewarded.

COLLABORATION
We are committed to cultivating an environment that fosters open communication, collaboration and teamwork. We play a pivotal role in best serving our patients and families. Sharing knowledge, decision-making, innovations and feedback are all ways that, together, we produce exceptional outcomes in a dynamic and challenging environment.

KNOWLEDGE
We believe in creating an environment that promotes professional growth and development, supports the mission and vision and ensures high quality and safe care and outcomes. St. Vincent’s invests financially in continuing education and tuition assistance, and supports national certification so that nurses may experience personal and professional satisfaction as well as career advancement. Helping our patients feel empowered and make informed decisions about their care and treatment requires expertise and knowledge. We use our knowledge to empower others and drive change.

SCIENCE
Through the application of science, which is best described as advancing nursing practice through the use of assessment, problem solving, knowledge, experience, research and the integration of evidence into practice, our outcomes have continually improved. Nursing research is supported and conducted through our Nursing Shared Governance Councils.

INNOVATION
Creativity through courageous innovation is a core value at St. Vincent’s Medical Center. We are challenged every day to develop innovative ideas that will result in improved efficiency, safety, quality, service and professional practice. Innovation is accomplished by inspired and visionary nurses who are committed to excellence and to moving the organization forward to meet the challenges of an ever-changing healthcare environment.
SAFE Nurse Program

In 2009, lawmakers authorized the Office of Victim Services, within the Connecticut Judicial Branch, to establish a program to train and make available Sexual Assault Forensic Examiners (SAFEs) to adult and adolescent victims of sexual assaults at participating healthcare facilities.

These professionals are also striving to assure that the response to a patient who has been sexually assaulted in their community is victim-centered and compassionate, resulting in a successful criminal justice response. Available through an on-call system, the SAFEs respond in tandem with sexual assault victim advocates and provide timely, compassionate, patient-centered sexual assault forensic examination services to sexual assault victims 13 years or older who present to participating healthcare facilities within 120 hours of the assault. The SAFE Program originally launched on a part-time basis in December of 2010 before transitioning to a 24-hour on-call system for six acute care hospitals. Today, the program has expanded to nine healthcare facilities, of which St Vincent’s Medical Center is one.

In October of 2015, five RNs from the Medical Center (four from the ED and one from Family Birthing) trained at the State of Connecticut’s Office of Victims Services to be sexual assault forensic examiners (SAFEs). Recognizing the delicate nature of patients in this situation and the need for proper clinical assessment, they voluntarily sat through 40 hours of CEUs (continuing education units) of intense training. They now function in the SAFE capacity at St. Vincent’s, along with other participating Connecticut hospitals, to perform a comprehensive exam that holds credence within the state’s judicial system.

The following registered nurses have been trained as SAFE nurses:
- Melissa Melendez, BSN, RNC-MNN
- Stephanie Rickard, RN
- Nicole Mcniece, BSN, RN
- Laurie Cleary, RN, TNCC
- Callie Ryan, RN

Compassion In Action
Clean Water

IN SANTA MARIA DE JESUS

Ellen Miller, BSN, RN, is a member of the Helping Hands Medical Mission. On her most recent mission, Ellen traveled to a clinic in Santa Maria de Jesus in Guatemala. Many of the children and adults who visited the clinic were diagnosed with parasites, a direct result of drinking contaminated, unfiltered water.

There is a limited supply of clean water in the village. Clean water is a basic necessity of life and is something that we take for granted. For the people of Santa Maria, obtaining clean water is a daily struggle.

Ellen helped to obtain a simple, effective, and cost efficient water filtration system that was distributed to the children and adults during Ellen’s visits. This system filters out 99% of bacteria and parasites from unclean water, requires minimal maintenance, and provides clean drinking water to a family for many years. In 2015, Ellen distributed 352 filters over the course of five clinic days.

Working with Helping Hands Mission, Ellen helped to educate local families about the importance of clean drinking water and emphasized the proper use and care of the new filters. During registration for the clinic, a family census was taken and as a result, they learned that the filters distributed directly affected 1,850 people in one year.
Delayed Bath

A NEWBORN INITIATIVE

In April of 2015, two members of our Lactation Department team attended a Professional Education Systems, Inc.® (PESI) Healthcare Conference titled “Breastfeeding Success,” where the advantages of delaying a newborn bath were explored. The clinical nurses who attended were Jodi Palmieri, RN, IBCLC, and Melissa Timmeny, RN, CLC.

A DELAYED NEWBORN BATH:

REDUCES the risk of baby:
• being stressed by early body temperature drop
• having low glucose levels
• acquiring common perinatal pathogenic infections

IMPROVES
• hydration of the baby’s skin
• baby's ability to breastfeed well

ALLOWS
• for increased bonding time with parents
• parents to be active participants in the baby's first bath.

After attending the conference, both Jodi and Melissa felt that the benefits of delayed newborn bathing were numerous. This information was discussed at a Baby Friendly Hospital Initiative meeting in May of 2015. It was welcomed as a beneficial idea to assist in early initiation and duration of breastfeeding, as well as management of hypothermia and hypoglycemia. The adoption of this standard of care was embraced.

In July of 2015, the Family Birthing unit adopted a new “Admission of Newborn” policy in which the steps in delaying the newborn bath are carefully outlined. It is now a standard of practice our patients are benefiting from. All healthy newborns born to a mother free of Hepatitis B, C and HIV, are delayed at a minimum of six hours of age for the first bath. Benefits of delayed bath are explained by the nursing staff to new parents on admission to the Family Birthing Center, and again after the birth, with particular emphasis on the immunity boost and the linkage to successful exclusive breastfeeding.
You Saved My Life...

WOUND CARE AT ST. VINCENT’S

A wound that won’t heal due to overpowering comorbid factors doesn’t stand a chance when diluted among so many medical and social issues with which a complicated patient might be dealing.

A department dedicated solely to assisting this population of patients is the answer to so many patients’ challenges. St. Vincent’s Center for Wound Healing opened in August of 2008 in a partnership with National Healing Corp, now Healogics™.

The population we serve is largely that of patients suffering from a variety of wounds that are of a chronic nature. An acute wound should heal in a few weeks with traditional care. But if it doesn’t heal, the chronicity is likely due to something undiscovered, incompletely managed or systemically challenging the patient (infection, inflammation).

In conjunction with the patients’ primary care physicians, endocrinologists, Infections disease specialists, orthotists, we develop a plan of care to heal the wound in 14 weeks or less. We look at the patient as a whole, versus focusing only on the patient’s wound. For example, JR came to us the day before the 4th of July weekend with a wound that would not heal. JR had no significant known past medical history, but hadn’t been to a doctor in years. He arrived with extremely high blood pressure. While carrying out his plan of care, we recommended he seek attention at our Emergency Department for his high blood pressure, but he adamantly refused. We were able to convince him to see a primary care physician from one of our MultiSpecialty Groups, and was discharged with normal blood pressure and an appropriate follow-up plan. He returned to the Center for Wound Healing to us the next week for his follow up appointment feeling so grateful. “You saved my life,” said JR, “I know it.” It took 23 weeks to completely heal and we are proud of our efforts on JR’s behalf.
Values Recognition Awards

LIVING THE VALUES OF ST. VINCENT’S

The following recipients were honored in 2015 for living the values of St. Vincent’s in a unique way:

Jennifer Gengo, RN, Wound Care Center
Vikki Weiss, RN, 9 East
Mark Pullo, RN, Emergency Department
Laurie Waldo-Hunter, RN, Behavioral Health
Scott Brennan, Nurse Manager, Urgent Care Center
Eileen Callahan, RN, Navigator, Case Management
Kellie Clomiro, RN, Emergency Department
Maria Duque-Ferreira, RN, 6 North

The following recipients were honored with the Daisy Award in 2015, recognizing them as extraordinary nurses demonstrating, clinical skill and compassion:

Bella Cielo, RN – Labor and Delivery
Mary Ann DeRosa, RN – Short Stay
Olivia Reyes, RN – ICU
Kim Hurd, RN – Family Birthing
Lori Carroll, RN – 10 East Rehab
Toni Berry, RN – 9 South Observation

Parish Nurse Graduates

Parish Nurse Program Coordinator Marilyn Faber, BSN, RN, (right) and Parish Nurse Office Coordinator Marybeth Kuchma (left), welcome new Parish Nurses (L to R) Vilma Thompson, RN, from St. Andrew’s in Bridgeport, Carin Florin, RN, from United Methodist in Monroe, Carol Lansing from Salem Lutheran in Bridgeport, and Cathy Hmurck from Our Lady of Grace in Stratford. Missing from photo are graduates Janet Plumb from St. Andrew’s in Bridgeport and Dori Rogers from New Life Ministries in Trumbull.

CLASS OF 2015

The Parish Nurse Program of St. Vincent’s Medical Center extends the Mission of St. Vincent’s into the community. The Parish Nurse is guided by a respect for the dignity and value of life and fosters the attitude that quality care must also include ministering to the spiritual needs of patients as well as their families. Applying a holistic approach to their healing mission, they work as members of the parish/congregation team to bring healing of body, mind and spirit.
Teaming Up for Medical Education

On June 20, 2015, St. Vincent’s Medical Center welcomed the first class of medical students from Quinnipiac University’s Frank H. Netter MD School of Medicine.

Under the guidance of Christine Van Cott, MD, Foundations of Critical Care Preceptor, as well as with the assistance of Christina Teixeira, clerkship coordinator, 59 students from all over the United States have had clinical experiences rotating through most areas of the Medical Center including surgery, internal medicine, nursery, OBGYN, psychiatry, and primary care. As part of the curriculum launched in 2015, the registered nurses in various areas have now the pleasure of interacting with and teaching the students in order to enhance their medical education.

When planning the student curriculum, Dr. Van Cott collaborated with nurse leaders from the various departments in the Medical Center including the Family Health Clinic. As a result of this collaboration, nurses opt to wear a button that says “Ask Me!” This button is worn to help the medical students identify friendly and approachable. This helps the students become comfortable and build relationships with the nurses. Staff members can in turn assist in mentoring students who are new to the clinical areas as well as learning to interact with patients at the bedside.
Since 2015, registered nurses have also been recruited to teach various skills to the medical students. On a voluntary basis, registered nursing in some specialty areas have the opportunity to lead small group instruction. The operating room nursing staff teaches sterile technique as well as corrects urinary catheter insertion technique. Critical care nurses now have the opportunity to teach venipuncture and intravenous access skills in the classroom. The one-on-one interactions experienced while teaching skills to small groups also allows these volunteer nurses to begin building relationships with the students. Knowing some friendly faces assists the students to feel more comfortable when rotating through the high stress areas such as the operating room and the critical care areas, increasing the opportunities for learning.

Fourth year medical students now have the opportunity to do rotations in the Emergency Department, medical and surgical units, critical care, and elective sub-specialties such as nephrology, cardiology, and radiology. While in these more specialized areas, the students participate in rounding on patients with not only the medical staff, but with the nursing staff during interdisciplinary and discharge rounds daily. In addition to the skills discussed, nursing helps to role model bedside interactions with patients and families, which may be a new and stressful skill for these young students.

When this group of students emerges as the first graduating class of the Frank H. Netter School of Medicine in spring of 2017, much of what they take with them from St. Vincent’s Medical Center will have been learned from the opportunities they had to working and collaborating with the nursing staff. This collaboration is also a wonderful opportunity for the nurses at St. Vincent’s to help shape the health care providers of the future.
Presentations

Denise Buonocore,
MSN, ACNPC, CCNS, CCRN, CHFN

“Reducing Readmissions for Heart Failure”
Regional Symposium
Madison, Connecticut
May 8, 2015

“Palliative Care Boot Camp”
AACN NTI/API, Co-Presenter,
San Diego California
May 17, 2015

“Prognosis in Heart Failure”
“Peripartum Cardiomyopathy in Haiti”
AAHFN National Meeting,
New Orleans, Louisiana
June 26, 2015

“Overcoming Toxic Work Environments:
Lessons from AACN’s Healthy Work
Environment Standards”
Chest 2015,
Montreal, Canada
June 23, 2015

Lynn Orser,
MSN, RN, CCRN, PCCN

“Sepsis Update: Improving Patient
Outcomes through Evidence-Based Practice”
St. Francis Hospital,
Hartford, Connecticut
October 2015.

Denise Buonocore,
MSN, ACNPC, CCNS, CCRN, CHFN
Elizabeth Wallace (credentials to come)
St. Vincent’s Heart Failure Collaborative
Reduces Heart Readmission Rates: Improving transitions in care project”
SVMC 11th Annual Science Symposium,
Bridgeport, Connecticut
March 2015. 4th Place Award

Susan Goncalves,
DNP, MS, RN-BC

“Measuring Nurse Caring Behaviors
in the Acute Hospitalized Geriatric Patient”
19th Annual Evidence Based Practice Conference:
Promoting a Culture of Safety
with Evidence-Based Practice
October 9, 2015

“Measuring Nurse Caring Behaviors”
Beta Zeta at Large Scholarship Day Sponsored by
Division of Nursing, American International College
School of Nursing, Elms College, College of Nursing,
University Of Massachusetts,
Amherst, Massachusetts
April 8, 2015

“Measuring Nurse Caring Behaviors in
the Acute Hospitalized Geriatric Patient”
STTI Scholarship Day,
Central Connecticut State University,
New Britain, Connecticut
March 20, 2015

“Relationship Based Care”
St. Vincent’s College Lunchbox Session,
Bridgeport, Connecticut
April 20, 2015

Linda Plecity,
MHA, MSN/ED, CNOR,
Monica Sousa,
ACNS-BC, APRN

“Developing and Implementing a Successful
TAVR Program with Safety as the Priority”
St. Vincent’s Medical Center Science Symposium,
Bridgeport, Connecticut
March 2015
Noteworthy

Nursing Excellence Awards

Clinical Nursing Award
For exceptional patient care and promotion of evidence-based nursing practice
Linda Seaman, BSN, CCRN, Nursing Informatics

Quality Nursing Award
For driving excellent patient outcomes
Karen Brady, MAHSM, BSN, RNC-OB, C-EFM

Family Birthing Center Volunteerism and Service Award: For those who continue to serve when not at work by volunteering in the community or serving the poor and vulnerable.
Mary Ann Caserta, MSN, BSN, CCRN, Nursing Services

Nursing Preceptor Award
For serving as a role model and mentor to a nurse orientee by fostering the development of the orientee, being a strong educator, and tailoring the orientation process to the individual need of the orientee.
Lisa Finoia, MSN, NP-C, APRN, CCRN, Intensive Care Unit

Susan L. Davis Leadership Award
Named for our former President and CEO, Susan L. Davis, a registered nurse and visionary leader who led St. Vincent’s through vast cultural change. For staff nurses who demonstrate leadership and are agents for organizational change.
Diana McNeil, BSN, Short Stay Unit

The Greater Bridgeport Medical Association Recognition Award
For the nurse who demonstrates a special sensitivity to patients and a strong commitment to the Bridgeport community.

Awards & Recognition

Nurse Hero Award
South Central Connecticut Chapter of the American Association of Critical Care Nurses
Ashley Dobuzinsky, MSN, RN, CCRN

Healthcare Hero Award
Connecticut Hospital Association
Healthcare Hero Award, 2015
Denise Buonocore, MSN, ACNPC, CCNS, CCRN, CHFN

Parental Involvement Recognition Award
Connecticut State Education Resource Center (Ct. SERC)
Susan Goncalves, DNP, MS, RN-BC

Publications

Denise Buonocore, MSN, ACNPC, CCNS, CCRN, CHFN; Debra L. Wiegand, RN, PhD, CHPN, CCRN

Sheryl Hollyday, Denise Buonocore
Breaking Bad News and Discussing Goals of Care in the ICU AACN Adv. Critical Care. 2015; 26(2) 131-141

Deborah Cavalier, Lynn Sickels
The Fundamentals of Reducing Heart Failure Readmissions Nursing Management, 2015
Certifications & Degrees

MASTER’S DEGREE
Rebecca Chanda, MSN
Marissa Cimino, MSN
Kevin Dinsmore, APRN
Ashley Dobuzinsky, MSN
Peter Donato, MSN
Linda Ghampson, MSN
Christina Jankowski, MSN
Jean Kulas, MSN
Nicole Loiz, MSN
Sherri Roller, MSN
Joanna Tylutki, MSN

CERTIFICATIONS - 2015
Certified Critical Care Registered Nurse By American Association Critical Care Nurses (AACN)
Patricia Brice, CCRN
Charlene Calderon, CCRN
Donna Iaffaldano, CCRN
Lauren Pinto, CCRN
Sandi Pullo, CCRN
Vaneetha Sujanan, CCRN

Progressive Care Certified Nurse By the American Association of Critical Care Nurses (AACN)
Elizabeth Kruger, PCCN
Sherry Nicholson, PCCN
Lea (Nyren) Peek, PCCN
Rita Santacroce, PCCN

Medical Surgical Registered Nurse by MSNCB
Meja Chona, CMSRN
Eden Enclona, CMSRN
Cheryl Evans, CMSRN
Joanna Depa, CMSRN
Carin Florin, CMSRN
Linda Glagowski, CMSRN
Josephine Golbin, CMSRN
Connie Huh, CMSRN
Mamoonah Haffees, CMSRN
Beth Keating, CMSRN
Karen Kellogg, CMSRN
Donna Kelly, CMSRN
Marlene Martins, CMSRN
Noreen Nolo, CMSRN
Ike Opayemi, CMSRN
Alex Pappas, CMSRN
Erika Rivera, CMSRN
Beata Robledo, CMSRN
Sheri Roby, CMSRN
Susan Rodman, CMSRN
Erin Rogers, CMSRN
Christina Rowe, CMSRN
Janet Rhodes, CMSRN
Jaccqueline Sanz, CMSRN
Dawn Schmidt, CMSRN
Althea Thomas, CMSRN

Emergency Nursing by Board of Certification for Emergency Nursing
Marissa Cimino, CEN
Ann Marie Carlson, CEN
Laura Chase, CEN
Jaime Chila, CEN
Jean Kulas, CEN
Katie Lee, CEN
Kim Mercier, CEN
Shannon Pranger, CEN
Pam Tobin, CEN
Kellie Clomiro, CEN
Steve Gomzi, CEN
Gail Wells,CEN

Board Certified in Infection Control, by Certification
Board of Infection Control and Epidemiology, Inc.
Krisy Borgognone, CIC

Adult-Gerontology Acute Care Nurse Practitioner by ACNPC-AG, BC
Rebecca Chanda, CREDENTIALS?

Certified Professional in Healthcare Quality by NAHQOCB
Susan Stango, CPHQ

Certification in Nursing Professional Development by ANCC
Angie Distefano, RN-BC

Certified Lactation Consultant by International Board of Lactation Consultant Examiners
Paula Cranford, IBCLC
Melissa Timmeny, IBCLC

Certified Nurse Educator by National League for Nursing
Peter Donato, CNE

Psychiatric Mental Health Nursing by ANCC
Lauren Bond, RN-BC

BACHELOR OF SCIENCE DEGREE
Marcie Anderson, BSN
Lauren Bond, BSN
Laly Cherian, BSN
Sheila Colladom, BSN
Erim Corado, BSN
Janet Cordova, BSN
Christine Dresse, BSN
Elizabeth Dwan, BSN
Lachanna Evans, BSN
Mason Everlith, BSN
Marilyn Faber, BSN
Maggie Faustini, BSN
Shannon Ferguson, BSN
Janice Ferrari, BSN
Kristen Goncalves, BSN
Joe Guzman, BSN
Emily Hokunson, BSN
Lawrence Scott Kasarda, BSN
Sharmyn Kleiber, BSN
Kristin Koch, BSN
Kristyn Koripsy, BSN
Richard Magee, BSN
Marlene Martins, BSN
Diana McNeil, BSN
Maria Melendez, BSN
Perce Morgan, BSN
Chayelle McKay, BSN
Lynn Noyes, BSN
Sheri Roby, BSN
Erin Rogers, BSN
Judy Taylor, BSN
Theresa Tiesler, BSN
Kelly Yorio, BSN

Board Certified in Infection Control, by Certification
Board of Infection Control and Epidemiology, Inc.
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Melissa Timmeny, IBCLC

Certified Nurse Educator by National League for Nursing
Peter Donato, CNE

Psychiatric Mental Health Nursing by ANCC
Lauren Bond, RN-BC
Nurses Week

Once again, a committee of volunteers from across the St. Vincent’s organization worked together to coordinate events to celebrate Nurses Week 2015. Over the course of the week, St. Vincent’s nurses enjoyed treats such as complimentary snack carts, a night shift coffee bar, and a food truck on campus.

The annual recognition ceremony paid tribute to nursing staff for their achievements over the past year, and the week was capped off with a beautiful video highlighting photos of nurses from each area set to music created by the Marketing Department at St. Vincent’s.
The American Heart Association and American Stroke Association recognize this hospital for achieving 85% or higher adherence to all Get With The Guidelines® Stroke Performance Achievement indicators for consecutive 12 month intervals and 75% or higher compliance on at least 5 of the Get With The Guidelines Stroke Quality Measures to improve quality of patient care and outcomes.

St. Vincent’s is proud to have achieved or upheld the following distinctions in 2015:
Charting our Course

“To understand God’s thoughts we must measure statistics… For these are the measure of his purpose.”

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<th>YEAR</th>
<th>MRSA</th>
<th>AMI</th>
<th>PN</th>
<th>CHF</th>
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<td>99.50%</td>
<td>99.19%</td>
<td>100%</td>
<td>96.57%</td>
<td>3.37%</td>
<td>2.0</td>
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</tbody>
</table>

Pneumonia & CHF Appropriate Care Scores

<table>
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</thead>
<tbody>
<tr>
<td>PN</td>
<td>73.28%</td>
<td>63.27%</td>
<td>82.56%</td>
<td>87.87%</td>
<td>91.55%</td>
<td>95.42%</td>
<td>97.25%</td>
<td>98.78%</td>
<td>99.19%</td>
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<tr>
<td>CHF</td>
<td>83.12%</td>
<td>86.89%</td>
<td>87.89%</td>
<td>90.83%</td>
<td>93.09%</td>
<td>98.00%</td>
<td>99.62%</td>
<td>96.94%</td>
<td>100%</td>
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We began monitoring patients on all clinical units for evidence of central line bloodstream infections in 2014 and this graph represents our performance in 2015.

We began monitoring catheter associate urinary tract infections in 2014 and this graph reflects our performance in 2015.
The Power of the Comfort Shawl

THE FABRIC OF ST. VINCENT’S

Several weeks ago, I had the pleasure of caring for a fairly young but very ill woman. She had been transferred to our ICU in the middle of the night.

She was pleasant, restful and soft spoken. Her disease process had accelerated as of late, despite her oncologic regimen. Of course on a busy ICU day she was seen by a multitude of people. She had a very therapeutic visit from Father AI. She expressed the sadness that she felt - that she was so young to be so ill - and wondered.

After further discussion with our medical team she opted to change her status to no extraordinary measures should the need arise. I thought maybe a comfort shawl might brighten her day and bring a small smile to her face. I asked our secretary to call and find out if we could come and get one. When our secretary arrived back with the small bag, I asked her if she would like to partake in presenting a patient with a comfort shawl. Together, we laid the beautiful lavender shawl on the young woman, and I read the shawl ministry prayer. The patient was so thankful and appreciative. Our secretary was also very thankful also to have been included in delivering the shawl. We certainly hope it brought her some comfort and made her feel wrapped in God’s love!
In loving memory of Catherine Agsalud, RN.
With gratitude for 10 years of dedicated service
to the NICU babies and their families.
Though absent you are always near.

“Let me dedicate my life today to the care of those who come my way. Let me touch each one with a healing hand and the gentle art for which I stand. And then tonight when the day is done, let me rest in peace if I’ve helped just one.”

“— Author Unknown”
St. Vincent’s Medical Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.
St. Vincent’s Medical Center does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.
St. Vincent’s Medical Center provides free aids and services to people with disabilities to communicate effectively with us, such as:
• Qualified sign language interpreters; and
• Written information in other formats (large print, audio, accessible electronic formats and other formats).
St. Vincent’s Medical Center provides free language services to people whose primary language is not English, such as:
• Qualified interpreters; and
• Information written in other languages.
If you need these services, contact Case Management at (475) 210-5608.
If you believe that St. Vincent’s Medical Center has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with:
Section 1557 Coordinator, 2800 Main Street, Bridgeport, CT 06606
P (475) 210-6300, TTY (203) 576-6096, F (203) 581-6534, section1557coordinator@stvincents.org
You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Section 1557 Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

St. Vincent’s Medical Center cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.
St. Vincent’s Medical Center no excluye a las personas ni las trata de forma diferente debido a su origen étnico, color, nacionalidad, edad, discapacidad o sexo.
St. Vincent’s Medical Center proporciona asistencia y servicios gratuitos a las personas con discapacidades para que se comuniquen de manera eficaz con nosotros, como los siguientes:
• Intérpretes de lenguaje de señas capacitados.
• Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles, otros formatos).
St. Vincent’s Medical Center proporciona servicios lingüísticos gratuitos a personas cuya lengua materna no es el inglés, como los siguientes:
• Intérpretes capacitados.
• Información escrita en otros idiomas.
Si necesita recibir estos servicios, comuníquese con Case Management at (475) 210-5608.
Si considera que St. Vincent’s Medical Center no le proporcionó estos servicios o lo discriminó de otra manera por motivos de origen étnico, color, nacionalidad, edad, discapacidad o sexo, puede presentar un reclamo a la siguiente persona:
Section 1557 Coordinator, 2800 Main Street, Bridgeport, CT 06606
P (475) 210-6300, TTY (203) 576-6096, F (203) 581-6534, section1557coordinator@stvincents.org
Puede presentar el reclamo en persona o por correo postal, fax o correo electrónico. Si necesita ayuda para hacerlo, Section 1557 Coordinator está a su disposición para brindársela. También puede presentar un reclamo de derechos civiles ante la Office for Civil Rights (Oficina de Derechos Civiles) del Department of Health and Human Services (Departamento de Salud y Servicios Humanos) de EE. UU. de manera electrónica a través de Office for Civil Rights Complaint Portal, disponible en https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, o bien, por correo postal a la siguiente dirección o por teléfono a los números que figuran a continuación:
ATTENTION:
Language Assistance Services Available

ENGLISH
ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-475-210-5608

ESPAÑOL / SPANISH
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-475-210-5608

POLSKI / POLISH
UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-475-210-5608

PORTUGUÊS / PORTUGUESE
ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-475-210-5608

ITALIANO / ITALIAN
ATTENZIONE: In caso la lingua parata sia l’italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-475-210-5608

FRANÇAIS / FRENCH
ATTENTION: Si vous parlez français, des services d’aide linguistique vous sont proposés gratuitement. Appellez le 1-475-210-5608

简体中文 / CHINESE
注意: 如果您使用简体中文，您可以免费获得语言援助服务。请致电1-475-210-5608

KREYÒL AYISYEN / FRENCH CREOLE
ATANSYON: Si w pale Kreyòl Ayisyen, gen sevis ed pou lang ki disponib gratis pou ou. Rele 1-475-210-5608

RUSSKII / RUSSIAN
ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-475-210-5608

ARABIC
تلد رضة وات (أو انها) غرمان (أو انها) ردة فائقة إذا (أو انها) فقط (أو انها) 1-475-210-5608

ΕΛΛΗΝΙΚΑ / GREEK
ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-475-210-5608

TAGALOG
PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-475-210-5608

VIETNAMESE
CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-475-210-5608

ALBANIAN
KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjihësore, pa pagesë. Telefononi në 1-475-210-5608

KOREAN
주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-475-210-5608

G760(10/16)